



### Family Respite Care

If your loved one is not a resident of Sitrin and you are providing 24-hour care, we understand your need for personal time. Our Respite Care provides a short-term stay for your loved one so you can have time for yourself. A reservation is needed for respite care, and our social worker will be happy to assist you.

### Community of Care

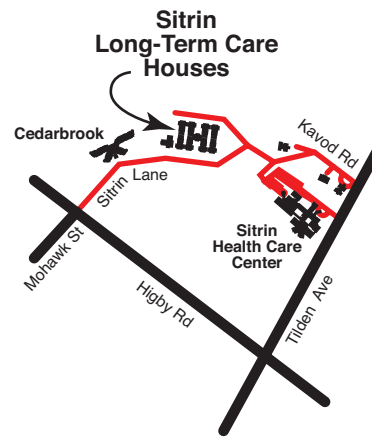
Sitrin's Long-Term Care houses are part of the same care community as our medical/rehabilitative care facilities. With highly trained nursing staff, we are able to provide patients with a broader range of services, thereby minimizing the need for hospital care. This "Care in Place" philosophy results in fewer transfers to other medical centers – that means less disruption of daily life and higher degree of comfort for our residents, as well as a greater peace of mind for their families.

### Meet Our Staff & Take a Tour

We encourage you to come for a tour and to meet our caring, professional staff. You will feel welcome from the moment you step through the doors!

### To Learn More

If you have questions, or wish to receive an application for admission, contact admissions at (315) 737-2456.



# SITRIN

The Help. The Hope. The Healing.

Sitrin Health Care Center

2050 Tilden Avenue, P.O. Box 1000, New Hartford, NY 13413-1000 • 315-797-3114  
[www.sitrin.com](http://www.sitrin.com)

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## Long-Term Care

*We Treat You Like Family*



Sitrin Health Care Center

2050 Tilden Avenue

New Hartford, NY 13413

## Long-Term Care Residences

Sitrin's long term care residences are a dramatic departure from the traditional nursing home model, featuring:

- Nine homes (eight accommodate 12 people, one accommodates 14)
- A dining area, living room, and fully equipped kitchen in each house
- A private bedroom and bathroom for each resident
- Gardens and beautifully landscaped yards
- Community center for activities and gatherings

Your loved ones deserve the best care. Sitrin's Long-Term Care programs are committed to providing just that. It's a responsibility we take very seriously.



## Skilled & Caring Staff

At the heart of this commitment is Sitrin's skilled nursing staff—dedicated professionals who deliver compassionate care for our residents in a safe and homelike environment. We take a multidisciplinary approach to skilled nursing services, ensuring your loved ones are cared for emotionally and physically, with special attention to their medical and social needs.

## Licensed Therapists

Sitrin provides a therapeutic team dedicated exclusively to the care of long-term residents. Our skilled nursing staff develops an individualized care plan for each resident, working as a team to respond quickly and effectively to their changing needs. In addition, residents benefit from the programs and services available through the Sitrin Medical Rehabilitation Center, one of the area's most advanced medical rehabilitation facilities.

## Recreational Therapies

Our residents enjoy a variety of recreational therapies designed to help them stay active and in good spirits. Our staff is always there to help residents get the most out of their day.



## Dedicated Conditioning Gym

A general conditioning gym is provided specifically for long-term care residents, helping them to maintain optimum strength and mobility.

## Nutritious Home Cooked Meals

Each resident's menu is developed by our registered dietary staff to accommodate specific needs and restrictions.

